



Get Ready to ShakeOut!

Join thousands of people who will **DROP, COVER AND HOLD ON** in the first-ever *Great SouthEast ShakeOut* earthquake drill to be held simultaneously in Virginia, Georgia, South Carolina, North Carolina, Maryland and Washington, D.C.

- ❖ **WHEN?** October 18, 2012, at 10:18 a.m.
- ❖ **WHERE?** Wherever you are – home, school, work or play
- ❖ **WHY?** Practice what you should do if an earthquake strikes so you and your family will be better prepared
- ❖ **HOW?** Learn more and register yourself, your family, your school, your office, your organization for the ShakeOut drill at www.shakeout.org/southeast

Ready Virginia is promoting the *Great SouthEast ShakeOut* as a great opportunity to practice how to protect ourselves.

- ✓ **DROP** to the ground (before the earthquake drops you)
- ✓ Take **COVER** by getting under a sturdy desk or table, and
- ✓ **HOLD ON** to it until the shaking stops

If there isn't a table or desk near you, drop to the ground in an inside corner of the building, and cover your head and neck with your hands and arms. Do not try to run to another room to get under a table. Earthquakes occur without warning and may be so violent that you cannot run or crawl.

DROP, COVER AND HOLD ON IMMEDIATELY.

DO NOT RUN OUTSIDE! Trying to run in an earthquake is dangerous because the ground is moving and you can easily fall or be injured by falling bricks, glass and other building materials. In the U.S., you are much safer to stay inside and get under a table.

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October 18, 2012 Register Now at www.shakeout.org/southeast

The Great SouthEast
ShakeOut